

**Houston Family Psychiatry - Abigail Nodler, M.D.**  
**2211 Norfolk St., Suite 500**  
**Houston, Texas 77098**

This document contains information about professional services and business policies. Please read it carefully and feel free to bring up any questions you have. When you sign this document, it will represent an agreement between you and Dr. Nodler.

Dr. Nodler's office telephone number is (713) 300-2450. Routine messages will be answered at Dr. Nodler's earliest convenience during and after business hours. When you leave a message, please include a number where you can be reached after 5pm.

If your call is about a psychiatric emergency, and you do not receive a return call from Dr. Nodler within the hour, please call and leave a second message. If the situation cannot wait for a return call, you should go to the nearest emergency room.

**PROFESSIONAL FEES:**

***Dr. Nodler's rate for 50 minute time slots is \$400 for all treatments. If the patient's treatment requires more time or if the patient chooses more time than allotted as below, they will be billed at the rate of \$400 per 50 minutes.***

Psychiatric Consultation for <b>ADULTS (18 and over)</b>	<b>\$400</b>
• <b>50 minute</b> appointment includes gathering mental health and medical history, developing a diagnosis and a treatment plan.	
Psychiatric Consultation for <b>CHILDREN &amp; ADOLESCENTS (18 and under)</b>	
• <b>First appointment</b> involves the family along with the child or adolescent. <b>50 minutes</b> gathering mental health and medical history, developmental history, and educational history.	<b>\$400</b>
• <b>Second appointment</b> involves the patient alone for 25 minutes, followed by a 25 minute feedback session and discussion. <b>50 minutes</b> total developing diagnosis and treatment plan.	<b>\$400</b>
Medication Management	<b>\$200</b>
• <b>25 minute</b> appointment involves monitoring response to medications, assessment of efficacy of interventions, surveillance for side effects, and vital signs as appropriate.	
Individual or Family Psychotherapy	<b>\$400</b>
• <b>50 minute</b> appointment addressing individual or family dynamics. Counseling targeting improvement in relationships, school, and work, as well as promoting feelings of self-worth and personal growth. Appointments are typically scheduled on a regular basis in weekly or bi-weekly intervals.	
Non-emergency, after business hours telephone calls	<b>\$200 every 25 minutes</b>
• Calls that occur in a reasonable frequency during regular business hours, (Monday-Friday, 8am – 5pm) will not be charged. Patients will be notified if calls during regular hours become excessive and may be charged, or patients may schedule an appointment to discuss the issue further.	
Coordination with school, work, health professionals, or other professional entities	<b>\$200 every 25 minutes</b>
• Patients may request that Dr. Nodler coordinate care with school counselors, teachers, employers, social workers, therapists, psychologists, psychiatrists, or other professionals. This can be an important and complex part of patient care and help to achieve desired goals.	
Forms and Letters	
• Patients will not be billed for simple forms and letters that can be completed during the patient visit. If a patient requests Dr. Nodler to complete a more detailed form or letter that must occur outside of an appointment, fees as listed will apply.	<b>\$200 every 25 minutes</b>
Copying Records	
• Copies of records or charts can be made on request and can be picked up or mailed.	<b>\$25 for first 20 pages</b> <b>\$0.50 for each additional page</b>

**The patient understands that there may be an annual increase in Dr. Nodler's fees.**

**INSURANCE:**

Dr. Nodler does **not** participate in any managed care or insurance plans, nor does she file insurance claims for patients. She will provide the patient with the appropriate documentation to file medical insurance claims.

**BILLING AND PAYMENTS:**

Patients are responsible for paying for their appointments. Dr. Nodler does not accept checks from insurance companies. Payments for consultations and medication evaluations are due at the time of the appointment.

**MISSED APPOINTMENTS AND CANCELLATION POLICY:**

*Psychotherapy:* The patient understands that they and Dr. Nodler are engaging in a process that requires consistency and commitment. Therefore, Dr. Nodler has reserved time in her schedule to meet with the patient on a once or more weekly basis. The patient understands that he or she will pay for their scheduled appointment whether or not they are able to attend that scheduled time.

Once we have established standing appointment times, the patient is responsible for all appointment times and charged accordingly. If the patient cannot make a standing appointment, please notify Dr. Nodler as soon as possible in order for her to attempt to fill the time. You will not be billed if Dr. Nodler can fill the time to see another patient. You will be billed if Dr Nodler cannot fill the time.

*Medication Management:* For consultations and medication management appointments a 72-hour notice of cancellation is required, otherwise the patient will be charged for the time reserved.

**MEDICATION REFILLS:**

The patient understands that medication management requires the patient to see Dr. Nodler on a mutually agreed upon basis. Medications will not be refilled for patients who have not made their recommended appointments with Dr. Nodler.

If you have a prescription that needs to be refilled, please have the pharmacy contact Dr. Nodler at **(713) 300-2450**. The patient should allow 24 to 48 hours for prescription requests to be processed. Emergency refill requests may be subject to a \$50.00 fee.

By signing below you are acknowledging receipt and agreement of these policies. A copy will be given to you for your records.

\_\_\_\_\_  
Patient

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date